Youth Vape Use

The recent surge in e-cigarette use among youth is a cause for great concern.

- Dr. Jerome Adams, U.S. Surgeon General

Brain Risks

- Brain not fully developed until age 25
- Youth more vulnerable to addiction
- Many vape products contain nicotine
- Nicotine can affect memory and concentration

Vaping rates are the highest they have ever been in Florida.

In 2018, 26% of Florida's youth (ages 11-17) reported ever using a vape product while 16% reported currently vaping.*

When just looking at high school students it increases to 25%.

- Florida Youth Tobacco Survey

*Used an electronic vapor product at least once in the last 30 days
Nicotine
- Is found in most vape products
- Is highly addictive
- Affects parts of the brain in adolescents that control attention, learning, mood & impulse control
- Primes the brain for addiction to other, harder drugs

Behavior Risks
- Youth vape use strongly linked to use of other tobacco products
- Some evidence suggests vape use also linked to alcohol and marijuana use

Aerosol and Other Risks
- Aerosol from vape is harmful
- Can contain chemicals associated with serious lung disease and compounds found in car exhaust
- Defective batteries have been known to cause fires and explosions, most while being charged

Vape use poses a significant - and avoidable - health risk to young people

Read more at https://e-cigarettes.surgeongeneral.gov
https://www.thefactsnow.com/vaping/